



CYGHA Requirements For Staying Safe At The Arenas

Safety Plan

February 10th, 2022

All staff and volunteers are doing their best to provide a safe and healthy environment for you and your child. Please be courteous and respectful and follow their direction to ensure a positive experience for everyone.

Please consider that facility staff (screeners, facility workers, CYGHA volunteers etc.) are needed to operate each site. Each day, they are exposed to thousands of members of the public. Should too many staff be forced to isolate (or worse), it is a very real concern that they simply will not be able to operate a building on a given day, or longer.

Facilities want to do everything they possibly can to ensure that they can keep our facilities open and operational. In order to do this, they need ALL OF US to recognize the situation and ensure we are following all public health measures. Unfortunately, given the seriousness of our current situation they will act swiftly and will cancel bookings for groups that are found to be disregarding or not complying with these stated regulations.

FACILITY SAFETY RULES

ENTRY

- In accordance with provincial legislation and public health regulations, all persons entering a recreation facility must complete daily COVID health screening and must show their provincial vaccine passport QR-Code to verify that they are fully vaccinated. **ONLY QR-CODES WILL BE ACCEPTED OTHERWISE YOU WILL NOT BE PERMITTED TO ENTER.**
- For faster entry into the building, we encourage you to complete your screening prior to arriving at the facility entry point. Have the screening verification and your vaccine passport open on your mobile device when you enter.

- Ensure you use the hand sanitizer provided upon entry.
- Screening links can also be found on the CYGHA web site.
- Teams may enter the facility no earlier than **1 hour before** their game/practice time.
- It is recommended that the spectators enter at the same time as the participant.
- We are asking that when consuming food and drink in the facilities that people remain seated.

WHILE IN THE FACILITY

- PARTICIPANTS AND SPECTATORS ARE REQUIRED to wear masks at all times, **including while using dressing rooms.**
- **Coaches must wear masks at all times, including behind the bench.**
- Dressing rooms are a prime location for spread of any virus due to many bodies and minimal ventilation.
- Players and officials must keep masks on until just before leaving the dressing room to step on the ice.

EXIT

- Players and spectators must leave the facility within **30 minutes** of the completion of a game/practice.
- Some facilities may offer a wrist-band you can use to re-enter more quickly if you return later that day. Wrist-bands are only good for ONE FACILITY for ONE DAY.

[PLEASE REFER TO THE COVID TRACKING CHART FOR SPECIFIC FACILITY REQUIREMENTS.](#)

TEAM WARM-UPS

For Aurora facilities, indoor warm-ups are permitted as follows:

- In the dressing room
- At SARC only - on the raised platforms at the back corner of each arena
- At ACC only - in the back hallway of the McAlpine Ford arena

For Newmarket Magna Centre, indoor warm-ups are permitted as follows:

- In the dressing room
- Warm-up rooms may be provided to teams. Please ask volunteer staff upon arrival if a room is available for warm-ups.

In all cases, any time the players are not on the ice or on the bench, they are required to wear masks.

CONFIRMED OR SUSPECTED COVID INFECTIONS

Please follow the procedures listed if a player or staff is either confirmed or suspected of a COVID infection.

Close Contact

- If a player has had a close contact with someone that has COVID, or suspected they should not come to the rink if they are showing any symptoms.
- It is recommended that players take a rapid test to ensure they are safe to play, even if they are not showing symptoms.

Close Contact

- ❖ A close contact is someone you live with.
- ❖ A close contact while playing hockey is someone you are on with unmasked for at least 15 minutes without two meters distance which can include multiple short periods.

Within the context of hockey this means:

- Dressing room exposure – NOT considered close contact IF everyone in the dressing room wears masks the entire time (except for when they put their helmet on to leave the room).
- On ice exposure – NOT considered close contact for fully vaccinated players however it IS considered close contact for players who are not fully vaccinated.
- On bench exposure – IS considered close contact as they are unmasked and less than 2 metres apart for multiple short periods.

Isolation

- Fully vaccinated players who are exposed on the ice must monitor for symptoms but can continue to play.
- Fully vaccinated players who are exposed on the bench are to isolate for 5 days.

- Players not fully vaccinated who are exposed (ice or bench) must self-isolate for 10 days as they are deemed a “High Risk Close Contact”.
- Players who are a close contact for an exposure outside of hockey are to remove themselves from all team practices and games for the isolation period.
- Isolation times are 5 days for fully vaccinated individuals and 10 days for those not fully vaccinated.

Positive COVID Case

- If the player finds out they are positive for COVID and have been in contact with team(s) they should contact the Team Contact/Manager and tournament organizers.
- At this time the player should self isolate for 5 days if they are fully vaccinated, 10 days for unvaccinated players.

OWHA REQUIREMENTS

- **Properly worn masks at all times** by all individuals connected and involved in OWHA activities with the only exception of Players while they are on the ice or bench during games or for On-ice Officials while on the ice.
- Not attend or participate if they are exhibiting any signs or symptoms of COVID 19.
- Minimize the time at the arena pre- and post-game.
- Follow all OWHA and health and safety requirements with the most restrictive requirement in place.
- Recommended that there are no Team Meals at restaurants
- Effective January 1, 2022, all teams participating in Ontario must follow Rowan’s Law.
- A maximum of one parent or guardian per child if a player requires tying skates and that should take place with masks and social distancing from others outside the dressing room. Only screened individuals are permitted in the dressing room.
U9 and Cubs parent or guardians will be allowed to enter the dressing room for the purpose of tying skates provided they are following all Public Health and Facility Protocols and under the guidance of rostered staff (CYGHA)